

Member Plans: Are You
Getting the Most from
Your PHC Membership?,
p. 2.

2026 Health Fairs
Schedule, p. 3.

The PHC Programs, p. 4.

Proven Health Care Cost Reduction Through Strength in Numbers

Healthcare Coalitions: A Collaborative Resource for Health Plan Advisors



Healthcare coalitions enhance the range of tools, insights, and cost-saving opportunities available to the plan and bolster business growth for plan advisors.

Is your Coalition a friend or foe? We often hear concerns that coalitions might encroach on advisor business, damage existing relationships, or disrupt advisor–vendor partnerships. While these assumptions persist, they’re simply not accurate.

In reality, healthcare coalitions strengthen the healthcare ecosystem by expanding access to data, amplifying employer voices, and creating opportunities for advisors to deliver even stronger outcomes for their clients. By leveraging the joint influence of multiple plans, coalitions help secure better provider contracts, pinpoint high-value care options, devise data-driven strategies, and bolster long-term plan viability.

Coalitions, like the PHC, respect the vital role of advisors—benefit consultants, legal counsel, actuaries, and claims administrators. They

understand that plan advisors are central to guiding plan strategy, ensuring compliance, and recommending solutions that best meet client needs.

This dynamic remains intact when working with a healthcare coalition. For example, the PHC does not interfere with established relationships; rather, each participating plan continues to maintain full authority over its own governance, benefit decisions, vendor relationships, and fiduciary responsibilities. Additionally, we don’t complicate advisor data security reporting requirements nor do we have access to any advisor plan data that can be identified under HIPAA or PHI regulations.

The PHC learns from each member plan and can share insights gleaned from established resources such as market data sharing, member forums, and partnerships with nationwide

healthcare organizations. Advisors and trustees can evaluate and adopt coalition recommendations at their discretion. In addition, given that plan advisors are often familiar with many of the PHC’s vendor partners, the PHC provides an opportunity for advisors to engage with those vendors under the ideal terms secured by the master contracts held with the PHC. The result is easier access to greater savings for their clients.

In sum, healthcare coalitions do not replace a health plan’s relationships with their advisors. Instead, they enhance the range of tools, insights, and cost-saving opportunities available to the plan and bolster business growth for advisors. If this has not been your experience, or if you would like to learn more about how the PHC can support your plan, visit <https://phcoalition.org/>, email info@phcoalition.org or call 702.460.4134. □

Member Plans: Are You Getting the Most from Your PHC Membership?



How can you get more from your Pacific Health Coalition membership? The key is active, engaged participation in all the Coalition has to offer.

With 48 member plans representing nearly 250,000 covered lives, the PHC is focused on helping its members access cost-effective, high-quality healthcare benefits and services. As strong as that footprint already is, a fully participating membership would amplify the Coalition's influence even further—deepening shared insights, strengthening purchasing power, and expanding the positive impact on every member plan.

There are several things your Plan can do to get the most from your partnership with the PHC:

Full participation

The Coalition can reach the full extent of its abilities to secure health benefits and savings when member plans fully participate in the offered programs. Estimates show that if all member plans fully participated in the PHC programs, total member plan savings could be as much as \$1.9 billion each year. Your plan could represent a significant portion of that total.

Annual Health Fairs

Publicizing and encouraging plan participants to take advantage of the Annual Health Fairs goes a

long way. These events give plan participants easy access to educational information, no-cost-to-them health screening tests, and preventive care services, including the flu vaccine which is covered by the Coalition for participants of member plans, age 9 and older. By supporting preventive care through the Fairs, member plans can also save money with lower future claims expenses.

Coalition Health Centers

With five locations across Washington and Alaska, these health centers provide participating plan members with exclusive access to primary and preventive care, urgent care, and support for chronic conditions. Most participants can be seen on the same day, and visits typically come at no cost or very low cost, making care both accessible and affordable.

Member meetings

Quarterly member meetings are a perfect opportunity for member plan representatives to discuss issues with others who have similar experiences and concerns. Attendees can also reach out to the PHC to request specific topics of focus at the meetings. Please send us your questions and ideas!

Dissemination of information

While the website (phcoalition.org) is always available for the latest

information, the PHC regularly shares informational resources and educational materials presented at Board of Directors meetings. These updates provide member plans with timely insights into the financial health and recent initiatives undertaken for you by the PHC, and also include practical guidance, and clear calls to action.

Member plans can easily pass this information along to their own funds, members, advisors, governing bodies, or even prospective plans. Moreover, the PHC executive staff are readily available to attend Trust meetings and other fund-related sessions to support member plans directly.

Full member plan participation is a game changer. When every plan is engaged, the Coalition can leverage its collective bargaining strength to drive providers toward more affordable care options, and influence pricing in ways no single plan could achieve alone. Join us as we transform the healthcare marketplace—making it more transparent, competitive, and responsive to the needs of working families.

To learn more about how your Plan can be a more active participant in the Pacific Health Coalition, visit <https://phcoalition.org/>, email info@phcoalition.org or call 702.460.4134. □

THE PHC 2026 FALL HEALTH FAIRS

Each fall, the PHC sponsors Health Fairs throughout Alaska and the Pacific Northwest, exclusively for participants of member plans. For many plans, the Health Fairs are what initially attracted them to join the Coalition because they value the opportunity to:

- Offer accessible preventive services at no cost to their plan participants
- Reduce claims costs by delivering services outside of traditional medical settings
- Promote preventive care which reduces future claims expenses

For plan participants, these events are a highly anticipated opportunity to get their preventive lab work and flu shots—all in one convenient location and at no cost to them.

The Coalition pays for all Health Fair set-up and management costs

and funds the cost of flu shots for health plan participants age 9 and older. Participating member plans cover the costs for lab tests—which include chemistry/hematology (including A1C) thyroid, prostate disease (PSA), and vitamin D screenings—for their participants age 18 and older.

Plan participants must pre-register to attend a Health Fair. Pre-registration begins on August 3 at coalitionhealthfair.org. Appointment times are required to receive lab tests. If your plan is participating in the health fairs, please encourage your plan participants to pre-register by no later than 3 Fridays before the health fair they plan to attend.

To learn how your plan can participate in the Health Fairs, please contact the PHC at info@phcoalition.org or call 702.460.4134. □

CALENDAR

PHC QUARTERLY BUSINESS MEETINGS

August 24

UA Local 32,
Renton, WA

November 10

Laborers Local 341,
Anchorage, AK



INTERNATIONAL FOUNDATION OF EMPLOYEE BENEFITS PLANS (IFEBP) – 72ND ANNUAL EMPLOYEE BENEFITS CONFERENCE

October 25-28, 2026
New Orleans, LA □



2026 HEALTH FAIR SCHEDULE

ALASKA

FAIRBANKS

Fairbanks Pipeline Training Center, 3605 Cartwright Court, Building C

Saturday, September 12,
8 a.m.–12:00 noon

Sunday, September 13,
8 a.m.–11:30 a.m.

MAT-SU

Mat-Su Regional Medical Center,
2500 S. Woodworth Loop, Palmer

Saturday, September 19,
8 a.m.–12 noon

ANCHORAGE

Dena'ina Center,
600 W. 7th Avenue

Saturday, September 26,
8 a.m.–12 noon

Sunday, September 27,
8 a.m.–12 noon

SOLDOTNA

Central Peninsula Hospital,
250 Hospital Place

Saturday, October 3,
8 a.m.–12 noon

JUNEAU

Centennial Hall, 101 Egan Drive

Saturday, October 3,
8 a.m.–12 noon

Sunday, October 4,
8 a.m.–11:30 a.m.

PACIFIC NORTHWEST

KENT

IBEW Local 46 Electrician's Hall,
19802 62nd Ave S.

Saturday, September 19,
8 a.m.–12:00 noon

SPOKANE

Coalition Health Center
201 W. North River Drive,
Suite 520

Saturday, September 26,
8 a.m.–12:00 noon

PASCO

Plumbers and Steamfitters
Local 598,
1328 N Road 28

Saturday, October 10,
8 a.m.–12:00 noon

BOTHELL

IUOE Local 302 Union Hall,
18701 120th Ave NE

Saturday, October 17,
8 a.m.–12:00 noon □



111 West 16th Avenue, Suite 203
Anchorage, AK 99501

READ ABOUT: THE PHC HEALTH FAIRS, P. 3.

Since 1994, the Pacific Health Coalition (aka HCCMCA) has been helping member health plans control health care costs by negotiating better pricing on health benefits and services than these same plans could achieve on their own. Currently, there are more than 50 health plans participating throughout the United States.

The Pacific Health Coalition Programs



The services offered by the Pacific Health Coalition to its member plans are selected, negotiated and designed to achieve the best price and value for labor. For more information on these services, click on the links below, contact info@phcoalition.org or call (702) 460-4134.

- [Annual Health Fairs](#)
- [Coalition Health Centers](#)
- Dental Care (Delta Dental)
- [Dialysis Cost Containment](#) (Renalogic)
- [Disease Management](#) (Optum)
- Multi-Cancer Detection Test (Galleri/Grail)
- Joint Claims Administration (Aetna)
- Oncology Care (Transcarent)
- [Pharmacy Benefits Management](#) (National Cooperative Rx/CVS Caremark)
- [PPO Contracts](#)
 - Alaska Regional Hospital
 - Inpatient and Outpatient Services
- [PPO Contracts](#) (cont'd)
 - [Aetna Nationwide Provider Network](#)
 - [Orthopedic PPO](#)
 - [Surgery Benefit Program](#) (Transcarent)
 - Virtual Physical Therapy (Transcarent)
 - [Vision Care](#) (VSP) ☐