

The Healthcare Coalition:
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Proven Health Care Cost Reduction Through Strength in Numbers

The Power of the PHC Healthcare Partnerships



The PHC maintains memberships with nationwide healthcare organizations to enhance our ability to secure higher-quality services for our members. These partnerships give our member plans access to nationwide contracting opportunities, reduce administrative costs, and connect us with expert insights and solutions.

These organizations include:

[International Federation of Employee Benefit Plans \(IFEBP\)](#)

The IFEBP is a nonprofit 32,000+ member organization that offers education about benefits, compensation, and financial literacy. Partnering with them allows the PHC to gain exposure to emerging trends and solutions in the health care access and financing space, presented by experts in the field. The mutual exchange of information between the Coalition and IFEBP helps us to develop solutions that

meet the needs of our member plans. In turn, the PHC periodically advises the IFEBP regarding classes needed and presents material to the IFEBP attendees as requested.

[National Labor Alliance of Health Care Coalitions \(NLA\)](#)

The NLA is the largest alliance of labor unions and labor management coalitions in North America, representing 23 member coalitions and 10 million+ covered individuals. They focus on building collaborations that maximize worker access to quality benefits and services at the best possible rates. The PHC member plans have access to best discounts and contract terms through the NLA with service partners that include [Optum Healthcare Credit Balance Resolution Services](#), [EPIC Hearing Healthcare](#), and [Sword Health](#). The alliance between the Coalition and the NLA is an enduring one. In fact, the PHC Executive Director Bonnie Payson is the NLA Treasurer.

[National CooperativeRx \(NCRx\)](#)

The NCRx is a nonprofit pharmacy benefit cooperative offering group drug purchasing power for greater pharmacy benefits savings. The cooperative's membership size allows them to offer better discounts, rebates and terms while customizing them to each individual Plan's needs. The PHC-NCRx partnership provides savings for participating member plans with regard to prescription drugs and services while the NCRx provides operational oversight. Pat Shier, the PHC Alaska Membership Representative, is the Secretary & Treasurer for the NCRx Board of Directors.

Questions? Reach out to Bonnie Payson for more information about NLA products and/or how to participate in the NCRx: 702.460.4134 or info@phcoalition.org.

The Healthcare Coalition: Your Partner Who Battles Rising Costs and Shrinking Health Benefit Value



Does your health plan struggle to maintain coverage quality in the face of rising costs and operational complexity? Are your plan participants experiencing inadequate access to routine and specialized care?

If so, you are not alone. Many health plans are facing pressures from rising claims costs, administrative burdens, and participant confusion and frustration around their healthcare benefits. Participants are unable to access healthcare resources, and many are struggling with higher deductibles and out-of-pocket limits. All this makes it difficult for your plan to deliver the kind of affordable, high-quality care they need.

Joining a healthcare coalition like the Pacific Health Coalition (the PHC or the Coalition) can help.

A healthcare coalition is a member-driven and collaborative purchasing and governance model in which multiple health plans or trust funds join together to leverage collective scale, share expertise, and coordinated strategy. By pooling covered lives, participating plans gain stronger negotiating power with carriers, pharmacy benefit managers, and vendors—often resulting in more competitive pricing, enhanced plan design options, and improved administrative efficiencies.

The PHC currently brings together 48 participating member plans, collectively covering nearly 250,000 lives across a diverse mix of plan structures. Through coordinated contracting with providers, the Coalition secures preferred pricing on a broad spectrum of services, including pharmacy benefits, hospital and physician care, vision, hearing, and disease management programs. As a result, member plans can deliver highly competitive pricing and access to leading providers, while maintaining control over their individual plan design, advisor relationships, and governance framework.

The PHC member plans also benefit from targeted cost-containment strategies and specialized programs, including dialysis management through Renalogic and pharmacy benefit management services provided by National Cooperative Rx. In addition, plan participants have access to the PHC programs designed to lower administrative costs and enhance member value, such as annual health fairs. Five dedicated Coalition Health Centers, three in Alaska and two in Washington, serving the PHC member groups exclusively, provide comprehensive adult and pediatric care—including routine and urgent visits, chronic disease management, preventive services, medication dispensing, and laboratory and imaging services.

The PHC operates as a member-governed nonprofit organization, with a strong emphasis on independently audited provider contracts and transparent collaboration among participating plans. Through structured data sharing and member forums, plans exchange insights on emerging challenges, operational issues, and best practices—strengthening oversight and informed decision-making. This governance model promotes enhanced transparency and accountability in the delivery of healthcare benefits. In addition, the PHC engages experienced legal counsel with deep expertise in state and federal regulatory matters affecting health plan administration, ensuring coordinated advocacy and informed guidance on issues that impact members' ability to effectively manage their plans.

By joining a healthcare coalition such as the PHC, you can strengthen your plan's purchasing leverage while retaining your plan's distinct design, advisor relationships, and governance structure—all while enhancing your plan's ability to deliver high-quality, cost-efficient care that meets the expectations of your plan population.

To learn more about how the PHC can support your health plan visit <https://phcoalition.org/>, email info@phcoalition.org or call 702.460.4134.

PACIFIC HEALTH COALITION BROUGHT LOWER COSTS IN 2025

CALENDAR



PHC QUARTERLY BUSINESS MEETINGS

April 15, 1:00 p.m. – 3:00 p.m.

Hotel Captain Cook,
Anchorage, AK

June 3

IMA Office,
Denver, CO

August 26

UA Local 32, Seattle, WA

November 4

Laborers Local 341,
Anchorage, AK

Business meetings are held in person and by videoconference through Microsoft Teams. Invitations and meeting materials will be distributed via email before the meeting date, including instructions about how to attend virtually. If you have questions about how to attend by videoconference, contact the PHC at info@phcoalition.org or 702.460.4134.

The PHC/National CooperativeRx RECEPTION AND ANNUAL EDUCATION SESSION

Hosted Reception

April 14, 2026,
6:00 p.m. - 8:30 p.m.

Educational Session

Registration & Breakfast:
7:00 a.m. - 8:00 a.m.

Educational Session:
8:00 a.m. – 1:00 p.m.

Hotel Captain Cook,
Anchorage, Alaska



In 2025, the Coalition continued to deliver meaningful savings and expanded healthcare access for participating member plans through strategic provider partnerships, innovative cost-containment programs, and the growth of Coalition Health Centers.

- Our Coalition Health Centers reached even more patients in 2025, given the grand opening of two new centers in Eastern Washington over the summer! The CHCs had over 26,000 patient encounters during 2025.
- Plans participating in the Delta Dental PPO contract saved nearly \$10.2 million in its second year of implementation.
- Through the Renalogic Dialysis Cost Containment program, participating plans achieved approximately \$19.5 million in net savings through the Usual and Reasonable pricing component in 2025. Total PHC

net savings from 2014 – 2025 is approximately \$145.7 million.

- The Alaska Regional Hospital PPO contract allowed participating plans to save approximately \$96 million in 2025, representing a discount of approximately 72% off billed retail charges.
- The Aetna Nationwide Provider Network contract saved participating plans approximately \$620 million in 2025 representing a 17% increase in savings from the same period in 2024.
- Through the Transcarent Surgery Benefit program participating plans saved approximately \$3.6 million in surgical savings in 2025.

Contact Bonnie Payson if you would like your health plan to enjoy these PHC services and savings: 702.460.4134 or info@phcoalition.org.

111 West 16th Avenue, Suite 203
Anchorage, AK 99501

**READ ABOUT:
THE POWER OF THE PHC
HEALTHCARE PARTNERSHIPS, P. 1.**

Since 1994, the Pacific Health Coalition (aka HCCMCA) has been helping member health plans control health care costs by negotiating better pricing on health benefits and services than these same plans could achieve on their own. Currently, there are more than 50 health plans participating throughout the United States.

The Pacific Health Coalition Programs



The services offered by the Pacific Health Coalition to its member plans are selected, negotiated and designed to achieve the best price and value for labor. For more information on these services, click on the links below, contact info@phcoalition.org or call (702) 460-4134.

- [Annual Health Fairs](#)
- [Coalition Health Centers](#)
- Dental Care (Delta Dental)
- [Dialysis Cost Containment](#) (Renalogic)
- [Disease Management](#) (Optum)
- Multi-Cancer Detection Test (Galleri/Grail)
- Joint Claims Administration (Aetna)
- Oncology Care (Transcarent)
- [Pharmacy Benefits Management](#) (National Cooperative Rx/CVS Caremark)
- [PPO Contracts](#)
 - Alaska Regional Hospital
 - Inpatient and Outpatient Services
- [PPO Contracts](#) (cont'd)
 - [Aetna Nationwide Provider Network](#)
 - [Orthopedic PPO](#)
 - [Surgery Benefit Program](#) (Transcarent)
 - Virtual Physical Therapy (Transcarent)
 - [Vision Care](#) (VSP)