

PHC Out and About
in 2025, p. 2-3.Help Plan Participants
Take Control When It
Comes to Cancer, p. 3.

The PHC Programs, p. 4.

Proven Health Care Cost Reduction Through Strength in Numbers**2025: A YEAR OF EXPANSION AND ENGAGEMENT***Bonnie Payson, Executive Director*

We've arrived at the end of another year, and it's time to assess the state of the Coalition's goals around member plan participation and new market growth. In 2025, we continued our focus on cultivating strong relationships to bolster our collective bargaining power and better meet the needs of our members. I'm happy to say that we've had considerable success.

Engagement and Growth

Member participation continued its upward trajectory. Over the last twelve months, eight existing member groups added products from our suite of services to their Participation Agreement to fulfill the needs of their health trust fund. They opted to take advantage of programs such as the Coalition Health Clinics, VSP, Delta Dental and Renalogic. The PHC also welcomed more, carefully vetted, vendors which expanded product options and maximized cost savings.

Additionally, the Coalition grew its membership. We added the Anchorage School District, Northwest Metal Crafts, and Hope West. The PHC also worked with several prospective member groups including Northwest Sheet Metal Local 16, which has voted to



join, and UFCW Local 555, which has submitted a joint proposal with Aetna.

The Coalition is not geographically limited to Alaska and the Pacific Northwest: the Master Agreements we've negotiated are available nationally. We recently added Teamsters Local 1932 Health & Welfare Trust located in San Bernardino, CA and are currently in discussion with a number of other prospective member groups in California, Colorado, and Nevada.

Savings and Access

The PHC continued to empower member plans in controlling their health care costs. We once again offered master contracts with health plans savings superior to what member plans could negotiate on their own. Additionally, we participated in member-specific events, health fairs, and conferences such as the Building & Construction Trades Conferences, International Foundation of Employee Benefit Plans, National Labor Alliance and National Association of Benefits and Insurance Professionals. In this way we supported the work of these important advocate groups.

The opening of two Eastern Washington Coalition Health Centers helped shorten wait times to see primary care physicians, and the sign-on rate for access to the centers has been strong. We are closely monitoring utilization so that we can offer expanded appointment times, like early morning and evening times, and additional physicians if needed.

The team here at the PHC is proud to have fostered robust growth while delivering price, quality, and value to new and existing member plans. It's been a good year. □

PHC Out and About in 2025



(Pictured: Chuck Dunnagan and Trey Bland, PHC Executive Board Member)

Chuck Dunnagan Retirement Celebration

We bid goodbye to our expert legal counsel, a consummate professional who had been with the PHC since its inception in 2008.



(Pictured: Dave Chally, PHC Executive Board Member)

Coalition Health Center Grand Opening

The PHC was thrilled to expand our offerings with the opening of this new CHC in Kennewick, WA, one of two new clinics entirely dedicated to Coalition member groups.



PHC/National Cooperative Rx Annual Meeting

Board members, PHC and National Cooperative Rx executive staff, and member plan representatives met to share industry insights about trends, and legal developments, strategies in the health benefits space.



HELP PLAN PARTICIPANTS TAKE CONTROL WHEN IT COMES TO CANCER

Early detection of cancer can be a game changer. For those who are diagnosed with cancer, early detection—before it has progressed to advanced stages—has an 89% 5-year survival rate compared to 21% for late detection. And now, a simple test can help your plan’s participants find cancer early, if they have it.

The Galleri multi-cancer early detection (MCED) test is a proactive way of mitigating negative outcomes from a cancer diagnosis. The test has a 73.6% sensitivity for the 12 most deadly cancers before symptoms appear, screens for a “fingerprint” of a total of 50+ cancers and has a 93.4% accuracy in determining the location.

Getting the Galleri MCED test is also incredibly easy: just one blood draw, with results available within 2-3 weeks. The PHC has contracted with the GRAIL clinical laboratory to offer the Galleri MCED test to participating

plans. Member plans can integrate their own providers and phlebotomists into the program or utilize Galleri’s professionals, and can offer Galleri to their plan participants over age 50 and their enrolled spouses who are over age 50.

GRAIL states: “Our company’s mission, to detect cancer early, when it can be cured, aligns with your goal to improve employee health. And detecting cancer early, when it may also be more cost-effective to treat, is also critical in addressing your #1 driver of medical spend.”

By offering Galleri, PHC member plans empower participants to take charge of their health and gain peace of mind while allowing member plans to more effectively control costs.

To learn more or to discuss participating in the Galleri multi-cancer early detection test program, contact the PHC: 702-460-4134 or info@phcoalition.org. ☐

(Pictured: Amanda Johnson and Cody Purdy, IMA with Bonnie Payson, PHC Executive Director at the IFEBP Conference Aetna Reception)

Being There!

The PHC attended the Annual Education Session over the summer at the U.A. Local 32 Plumbers Pipe Fitters Refrigeration & HVAC Union in Renton, WA. Also, in November, we were at the IFEBP 71st Annual Employee Benefits Conference in Honolulu, where staff networked and took in some top-notch vendor and educational sessions.



CALENDAR

PHC QUARTERLY BUSINESS MEETINGS

April 15, 1:30 pm – 3:00 pm

Hotel Captain Cook, Anchorage, AK

June 3

IMA Office, Denver, CO

August 26

UA Local 32, Seattle, WA

November 4

Laborers Local 341, Anchorage, AK

PHC/NCRX RECEPTON AND ANNUAL EDUCATIONAL SESSION

Hosted Reception:

April 14, 2026, 6:00 pm – 8:30 pm

Education Session:

April 15, 2026

Registration & Breakfast:

7:00 am - 8:00 am

Educational Session:

8:00 am – 1:30 pm

Hotel Captain Cook, Anchorage, Alaska ☐

Coalition Health Fairs

Thirteen PHC health fairs were held throughout Alaska and the Pacific Northwest in the fall, offering no-cost preventive care health screening tests and flu shots to participating member plan participants.



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READ ABOUT: 2025: A YEAR OF EXPANSION AND ENGAGEMENT, P. 1.

Since 1994, the Pacific Health Coalition (aka HCCMCA) has been helping member health plans control health care costs by negotiating better pricing on health benefits and services than these same plans could achieve on their own. Currently, there are more than 50 health plans participating throughout the United States.

The Pacific Health Coalition Programs



The services offered by the Pacific Health Coalition to its member plans are selected, negotiated and designed to achieve the best price and value for labor. For more information on these services, click on the links below, contact info@phcoalition.org or call (702) 460-4134.

- [Annual Health Fairs](#)
- [Coalition Health Centers](#)
- Dental Care (Delta Dental)
- [Dialysis Cost Containment](#) (Renalogic)
- [Disease Management](#) (Optum)
- Galleri/Grail Multi-Cancer Detection Test
- Joint Claims Administration (Aetna)
- Oncology Care (Transcarent)
- [Pharmacy Benefits Management](#) (National Cooperative Rx/CVS Caremark)
- [PPO Contracts](#)
 - Alaska Regional Hospital
 - Inpatient and Outpatient Services
- [PPO Contracts](#) (cont'd)
 - [Aetna Nationwide Provider Network](#)
 - [Orthopedic PPO](#)
 - [Surgery Benefit Program](#) (Transcarent)
 - Virtual Physical Therapy (Transcarent)
 - [Vision Care](#) (VSP) ☐