The Pacific Health Coalition (PHC) works to provide high quality care at a lower cost for its members by negotiating better rates with area hospitals, provider groups and prescription drug service providers. To ensure the best rates, PHC also provides a variety of programs for its members including near-site health clinics, orthopedics and physical therapy services, among others.

We also offer products to reduce administrative expenses and provide valueadded services for our members such as annual health fairs in Alaska and Washington. PHC has 50 participating plans, with over 250,000 participants in Alaska and the Pacific Northwest.

The Coalition provides competitive benefit options for health plans ranging from 150 to more than 16,000 employees and their families. Members represent various types of plans, including Taft-Hartley Trust Funds, government health plans, public sector trusts and single employer plans.

The Pacific Health Coalition provides a wide range of programs and services, from hospital and vision PPOs, health fairs, prescription drug purchasing arrangements and more. Members may use all or just a few of the Coalitions services, taking advantage of those programs that best fit their needs.

#### We are committed to...

- Develop proactive health care solutions with quality and cost savings
- Encourage health care collaboration for employees and families
- Advocate at a state and national level for health system improvement
- Provide a voice for the health care concerns of member and payer groups
- Adhere to high standards of ethics, equity and integrity
- Empower participants' informed decision -making through information sharing



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Health Care Cost Management Corporation Alaska, Inc dba the Pacific Health Coalition is a non-profit, non-stock corporation.



# Your Care, Your Way

LOWER COSTS MORE FLEXIBILITY BETTER ACCESS





For more information visit the website at <u>phcoalition.org</u> or contact:

### Jeff Owen

NW Membership Representative jeff.owen@phcoalition.org

### **Pat Shier**

Alaska Membership Representative <a href="mailto:pat.shier@phcoalition.org">pat.shier@phcoalition.org</a>



#### **Lower Costs**

Through the Coalition, health plans offer their plan participants outstanding benefits and high-quality health care services – *at lower costs*.

PHC negotiates service contracts for member health plans, reducing annual health care costs for many by more than \$1,200 per employee. It then monitors results to achieve the best possible savings and service for member plans and their participants. The Coalition helps research new programs and addresses service issues, reducing administrative costs.

### **More Flexibility**

The Pacific Health Coalition (PHC) is operated by a Board of Directors comprised of two representatives from each participating health plan. This structure gives members more control, allows them to monitor Coalition activities, and participate in directing programs.

#### **Better Access**

The Coalition works with well-known service providers to develop and add service options.

PHC also participates in a "Coalition of Coalitions" to take advantage of programs negotiated by other groups: International Foundation of Employee Benefit Plans, National Labor Alliance, National CooperativeRx and the Washington Health Alliance.

#### Q: How can a health plan join PHC?

A: Plans sign an agreement and pay an initial one-time fee of \$3 per employee. This initial cost is recovered rapidly in the savings offered by active participation with the Coalition's providers. New member plans select two individuals to serve as voting members of PHC's Board of Directors.

# Q: Are there additional costs to participate in programs?

A: Yes, PHC charges an access fee for each program. Member plans complete a participation agreement, identifying the programs they want to use and then pay the access fee for each program. These fees fund the initial cost of new programs and pay for ongoing program costs. Member plans may also need to sign an agreement with the service providers they choose.

## Q: Are member plans required to adopt a particular schedule of benefits or use a designated administrator?

A: No, each plan continues to use its own plan design and administrator. Generally, few changes are required.

# Q: Do member health plans have to participate in all of PHC's programs?

A: No, each plan chooses the programs that best fit its particular needs.

# Q: How can I determine whether the Coalition is right for my health plan?

A: Contact the Pacific Health Coalition at (907) 474-4226 or (888) 474-4226.