



## Helping You Make the Most of Your Health Care Dollar

The Pacific Health Coalition (PHC), originally founded as the Health Care Cost Management Corporation of Alaska, Inc. (HCCMCA) was formed in 1994 to help participating member health plans in Alaska and Washington control their health care costs by negotiating better pricing on health benefit services than they could achieve on their own.

PHC negotiates discounts with area hospitals, physician and provider groups, as well as vision, hearing, disease management and prescription drug service providers, to serve participating health plan members. We also offer products to reduce administrative expenses and provide value-added services, such as annual health fairs in Alaska and Washington. PHC has 51 participating member plans which currently cover nearly 250,000 lives – and we're growing.

### **Mission**

The mission of PHC is to ensure that workers and their families have access to value- and quality-based health care benefits and services.

We do this by:

- Serving the needs of the PHC member plans and their plan participants
- Promoting the concept of a purchasers health care coalition
- Encouraging organizations to work together to maximize their program and savings opportunities
- Providing information to plan participants, to help them make better health care decisions
- Serving as a multi-state and national voice, speaking out on behalf of our members on health care concerns and issues
- Adhering to the principles of high ethics, integrity and equity

### **How it Works**

PHC works with professional consultants, attorneys and others to implement PHC-sponsored programs. Each member health plan can choose from a menu of program offerings, and then select those that best fit its needs. In addition, PHC also offers a forum to share information about common problems, issues and best practices.

In order to join, each member plan pays a one-time fee of \$3 per employee. Thereafter, participating plans pay access fees based on which programs they utilize. The access fee may be based on a percentage of claims or savings, or may be a per member per month charge.

[Proven health care cost reduction through strength in numbers](#)

111 West 16<sup>th</sup> Avenue, Suite 203, Anchorage, AK 99501  
907. 474. 4226 [phcoalition.org](http://phcoalition.org)

We understand that your budget is limited. That's why we work so hard to help you make the most of every health care dollar.

### **Program Details**

PHC offers a number of program options, all designed to help member health plans save money:

- Dialysis cost containment uses a customized U&R approach to re-price claims
- Direct Preferred Provider contracts and national Preferred Provider agreements
- The Coalition Health Center offers extended hours and a per-visit cost guaranteed by the Coalition
- Wellness and minor care clinic arrangements
- Cost-saving prescription benefit management (PBM) contract with CVS/Caremark through National CooperativeRx
- Physical therapy PPO
- Health fairs, offering flu shots and health screening tests
- Disease management program through Optum
- Vision care through VSP
- Dental through Delta Dental

### **Learn More**

To learn more, contact PHC at (907) 474-4226 or 888-474-4226 (toll-free). You may also visit [www.phcoalition.org](http://www.phcoalition.org).